

THE  
HAPPY AFRICA  
FOUNDATION

Annual Report

2015

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# MESSAGE FROM THE DIRECTOR

African Impact started The Happy Africa Foundation in 2008 to help manage the donations being offered by their volunteers. This initial reason for starting Happy Africa has transformed into an organisation that has a vision to change the lives of people through education, health and empowerment. Every day teams on the ground are making change happen through our sustainable programs in 13 communities across Southern and Eastern Africa.

Each year of my 5 years with The Happy Africa Foundation, I see our projects on the ground get stronger, become more sustainable and am drawn to the potential to help communities in different ways. This year we researched and designed a program focusing on gender equality which affects millions of girls and women across Africa.

Together African Impact and Happy Africa are starting what we call The Girl Impact. The program is aimed at teenage girls, many of who have a difficult time growing up in their communities, facing challenges such as staying in school, teenage pregnancy, keeping themselves safe, being confident enough to work and knowing their options to make a living. We want to help girls grow up with different opportunities and know the choices they can make for themselves. At the same time we want to involve boys and community members in the program so they can understand why it's important to change the way girls are viewed and treated.

Our Girl Impact program starts in 2016 in Cape Town, Livingstone and Kilimanjaro and we are excited to see what changes we can inspire and support for girls in these communities.

The Happy Africa Foundation would not have been able to continue and strengthen the work we do without the support of it's donors, many of who are African Impact volunteers. The African Impact teams play a significant part in making the projects come to life and progress so well, so a huge thank you to such a great team effort.

The year has not just solidified our place in the industry but further strengthened the role we will play in the future of the communities we engage.

Michelle Procter  
Director



88 Children are currently sponsored in the SAC program.



In the St Lucia Reading Club  
we have

341 children enrolled

70 children with library cards  
attending 60% of the sessions.

# EDUCATION AND ENRICHMENT



Education is a vital tool for an individual to become more empowered and to be able to make an income and better life choices. This acts as a catalyst for positive change in communities and improves the standards for future generations. In 2015 The Happy Africa Foundation had several projects running to make a sustainable and positive impact in this area.

We focused on improving educational facilities and assisting them in becoming eligible for government funding so that they can become sustainable and have access to better resources and qualified teachers. The Happy Africa Foundation have provided a security wall and continued to work on the feeding garden with a working water pump and a new classroom block for Zambezi Sawmills (Livingstone) for this purpose, and Luntu Pre-School (Cape Town) was provided with extinguishers and soft play flooring outside. This will make it a lasting positive change and impact thousands of children's education in the long-run.

St Lucia spent 300 hours completed building a new pre-school, Inkanyezi, to enable children to get the necessary early development learning needed to thrive once in school and enriched the chance for children to learn through exploration and play by installing fixed play equipment for Sinenhlanhla crèche.

In Zanzibar a new Jambiani community learning centre was being built to provide a safe place for the whole community to learn. THAF provides learning resources for African Impact volunteers to use when encouraging children to learn through education assistance. In Livingstone we purchased 40 Happy Reader books to be used in Reading Clubs in community schools and in Adult Literacy classes and trained several teachers across numerous schools to successfully use them as a tool to teach English. A

Across 2 pre-schools in Cape Town an improvement of an average of 77% was measured in the skills needed to get them ready for primary school and in Zanzibar the participants in the English learning classes had a tremendous 65% improvement at the end of the year. In St Lucia 552 hours of educational support assisted 241 children to achieve milestones for the number of books they had read. Two children read 85 an amazing books each! The Livingstone Sponsor a Child Program supports disadvantaged children to get the education they deserve through facilitating sponsorships. In December 2015 79 children were being supported.

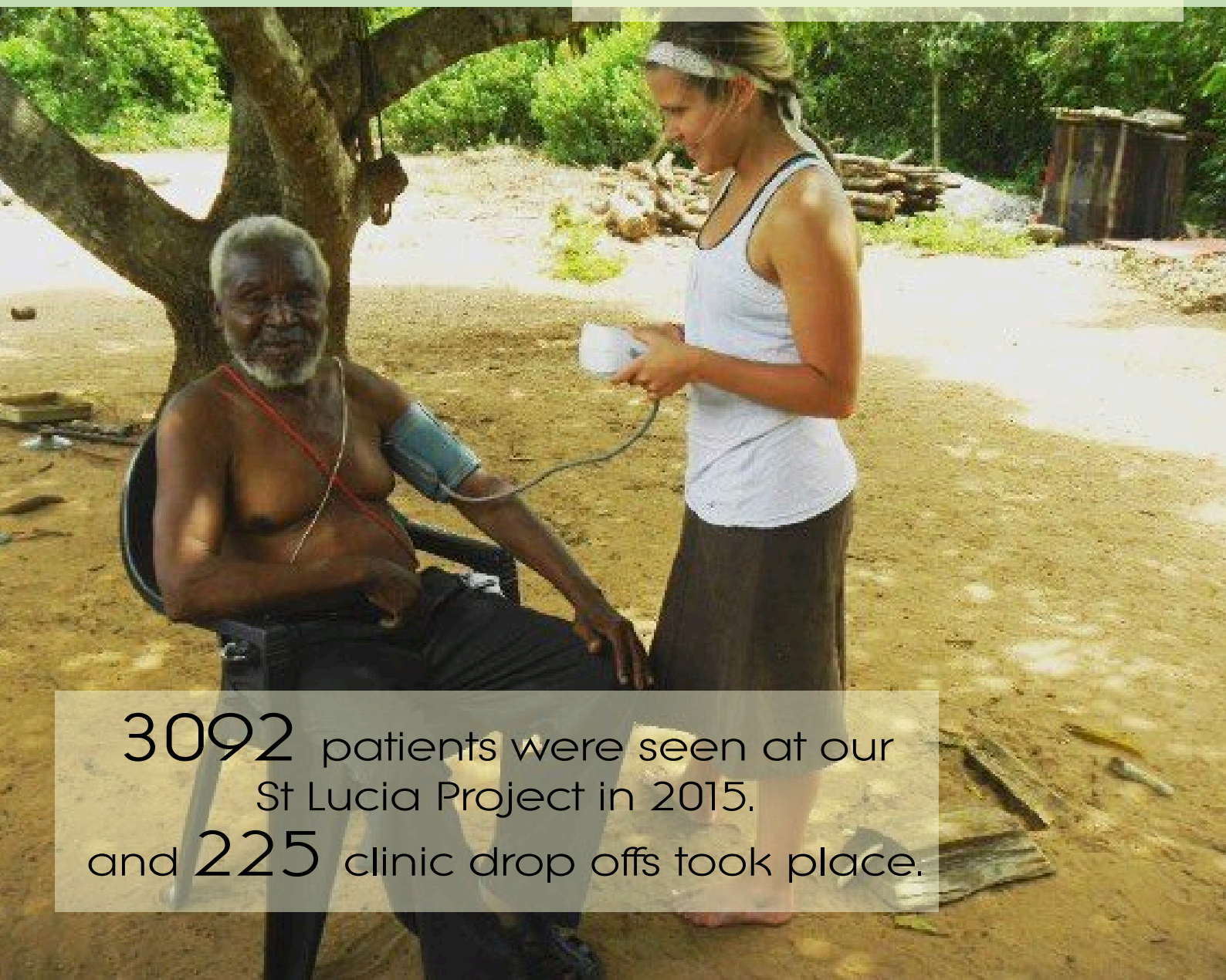




**46** children reached at our Cape Town Projects

At the start of the year **67%** of children fell into a healthy weight category and by the end of the year

**81%** fell into a healthy weight category!



**3092** patients were seen at our  
St Lucia Project in 2015.  
and **225** clinic drop offs took place.

# HEALTH AND NUTRITION

When sick, hungry, and malnourished it is almost impossible to reach your maximum potential and become an active agent for positive change within your community. The Happy Africa Foundation has numerous projects that focus on improving health and nutrition to provide people with the care they deserve and to give them the strength and opportunity to rise up.

The Happy Africa Foundation has undertaken three huge building challenges. In Kruger we are building the Kikuyu Paediatric Ward and in 2015 the walls were built and the floor, tiles, and windows were put in. In Livingstone we are building a hospital as an expansion to Linda Clinic and we built the structure and constructed the roof. In Thanda we completed the renovations on the Etshaneni clinic.

In Cape Town we provide daily meals at pre-schools in extremely disadvantaged areas and this year 81% of the children were in the healthy BMI bracket, the teachers improved their knowledge on health and nutrition by 44%, and we provided a pre-school with a stove so that they could continue to provide nutritious food. In Zanzibar the children are provided with a nutritious meal daily at pre-school and have been taught about healthy hygiene practises, for example through the washy washy scrub scrub toothbrush programme. In St Lucia we work closely with those affected by HIV/AIDs and spent 531.5 hours helping 13 malnourished individuals achieve their goal BMI, one was supported to sustain their healthy BMI and was able to move on from the program.

We spent 761.25 hours visiting and attending to the medical needs of 428 patients requiring medical attention at home and transporting 225 patients to the clinic for further attention in St Lucia. In addition to all this we facilitate worthwhile HIV support groups and in 2015 spent 840 hours providing support, education, an active garden, help with savings, and the opportunity to sell crafts with 9 individuals, helping them earn R1295 from their crafts.



# FINANCIAL REPORTS

## THE HAPPY AFRICA FOUNDATION LIMITED *FOR THE YEAR ENDED* *31 DECEMBER 2015*

Note Funds		Unrestricted Funds £	Restricted £	2015 Total £	2014 Total £
<b>Income from:</b>					
Donations		22,229	89,505	111,734	113,758
<b>Expenditure on:</b>					
Charitable activities	2	22,787	71,596	94,383	144,622
<b>Total expenditure</b>		22,787	71,596	94,383	144,622
<b>Net income / (expenditure) and net movement in funds</b>		(558)	17,909	17,351	(30,864)
<b>Reconciliation of funds:</b>					
<b>Fund balances at 1 January 2015</b>		231	21,801	22,032	52,896
		<b>(327)</b>	<b>39,710</b>	<b>39,383</b>	<b>22,032</b>

All transactions are derived from continuing activities.

All recognised gains and losses are included in the Statement of Financial Activities.



# EMPOWERING COMMUNITIES

Concentrating on empowering an entire community is one of the most effective ways to sustainably raise the standards of living for a large number of people. This will echo through the generations and ultimately the number of people positively impacted could become limitless.

Children are the nation's futures and so enriching their lives and widening their horizons has the potential to make lasting change. In Cape Town a large group are taken on enrichment trips twice a year. In 2015 **152** children & **12** grannies went to Kirstenbosch Botanical Gardens to see the dinosaur display and walk through the tree-top pathway, and **159** kids, **14** grannies, & **3** grandpas went up Table Mountain to see their city from a new perspective. Also **240** children were provided with t-shirts, refreshments, and transported to inter-community championships thanks to THAF during street-cricket.

In St Lucia we empower **entire families** who are in need and in 2015 a massive **898** hours was spent improving the conditional and standards for several local families. This included providing **3 JoJo tanks** and **8 beds**.

In Livingstone we have an emergency fund for any small immediate projects that will have a sustainable impact on a vulnerable community. In 2015 we supported Linda Farm with an eco-brick **chicken coop** and **300 chicks** and a **water pump** to improve income generation and to allow them to continue to offer rehabilitation through agriculture for the disabled. A disadvantaged community school was provided with and then given maintenance towards a **security wall** for their water pump to ensure that the children could continue attending their classes without fear of contaminated water.



The elderly are also a vulnerable group in need of empowerment so that they can take control of their care and so in Moshi we spent **725** hours enriching the lives of the elderly residents. Now they live in a much more stimulating and social environment and the improved food garden provided the residents with more nutritious meals as well as a recreational activity loved by all.

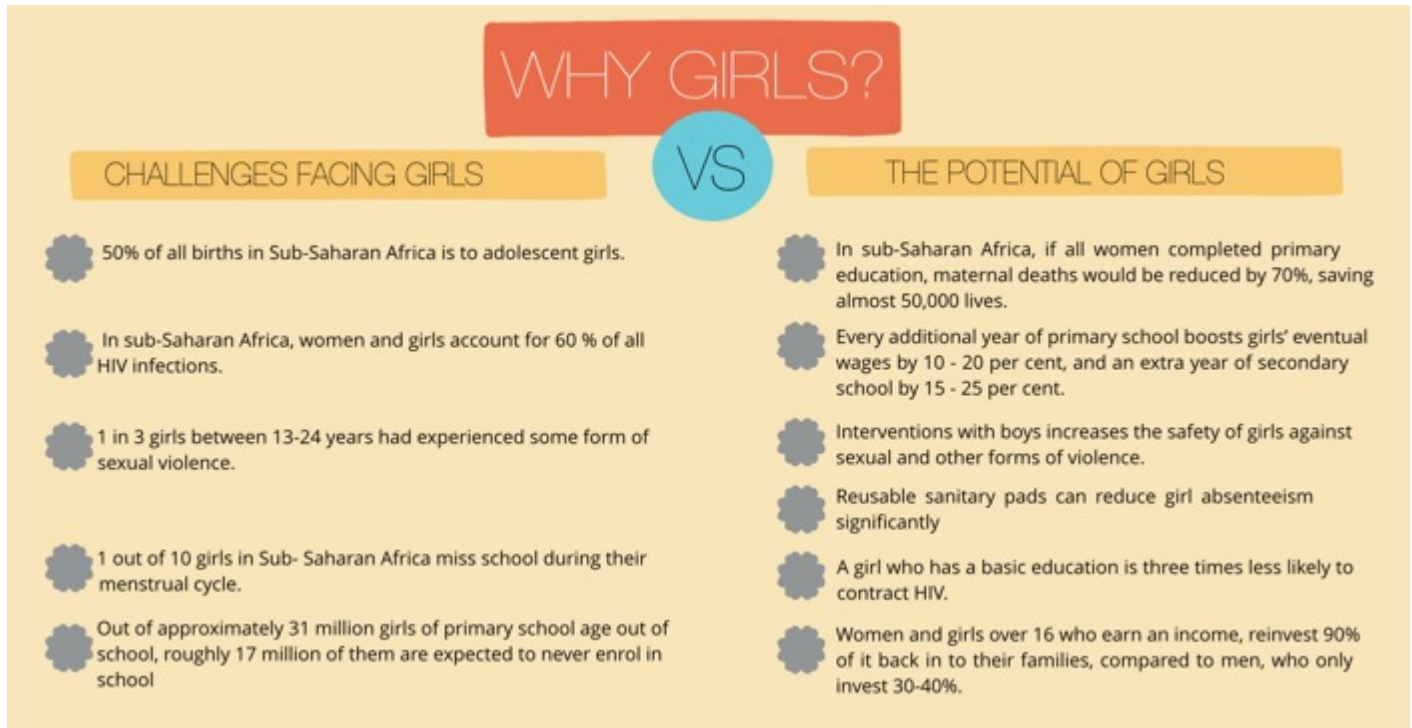
In 2015 our Cape Town Projects  
took 159 children up Table Mountain  
and 152 children to Kirstenbosch Gardens.



# THE GIRL IMPACT

Assessing our impact in 2014, we realized there was a gap that we could fill where we can also make our greatest impact.

Of 130 million children not in school, 70% were girls. We wanted to close this gap, to increase their chances at a normal childhood and also assist in their transition to womanhood.



After a few months of intense research in the first quarter of the 2015, we realized that it is in gender equality where we may get to close in on the greatest need. We visualized a Gender Initiative which would address the gender gap in our projects and developed 6 key elements, termed our pillars, which the programme will be built on. We also identified 3 communities we already work with where we could do this. With overwhelming community response from our community focus groups, we realized the biggest gender needs here remains centred around education - both academic and sex education.

Research provided us with activities, written for a gender empowerment programme in Zambia. Every step we were taking, seem to lead us closer to the launch of The Girl Impact programme. While harnessing the skills of academics who specialized in gender studies, and working in partnership with the Network Against Female Genital Mutilation in Moshi, Tanzania.

Cape Town also presented some strong partnerships to realise a project of this nature. Here too volunteers, the communities, partners and The Happy Africa Foundation interns worked together on connecting resources to build a gender initiative around issues of access and basic human right necessities.

After a year of building partnerships and resources we look towards the empowerment of girls alongside her community to see her successfully navigate into womanhood with equal and quality opportunities. The real result for this initiative lies in the impact we truly get to make on the participants to this programme.

2015 has been spent on creating the groundwork for TGI and in 2016 we will see the roll out of our first phase of the gender Initiative!



# THANK YOU

On behalf of The Happy Africa Foundation we would like to thank everyone who enabled us to do all the work we accomplished in 2015, every little bit makes a big difference.

We would also like to make a few special acknowledgments:

Sam Peisch - ZAMFUND

Sofie Van de Wouwe

AMEC Group

Andrew Turner

Aria De Benny

Aria De Benny

Arnaud Debertier

BA Kok

C Stokje

Carmen Collenber

Christine Anuszewski

CM Van Zwienen

Ellen Friedman

FX De Lasa

Gerd Sassenrath

Hannah Harwood

Ian Chase

Jane Mathers

Joe Gaastra

Jolanda Li

Josephine F Buckley

Kathy Richards

Kirsten Lee

KJL Hammink

Mark Brinker

Martin O'Byrne

Martin Phelps

Martin Rothero

Monique Ledger

Mr James Alexander

Mr Jeremy Schaffer

Ms Katherine Marvin

Myrta Brunner

Nellie Lindeborg

Nichole Kellerman

Pocklington School

Providence Day School

Richard Chase

RK Van Woudenberg

Sianne Pedder

Susanne Wenger

Theo Bez

Thomas Dean

Thuvaragan Thaverajah

Timberland

Travelworks

WEP International

# HOW TO DONATE

## **UK (GBP/US\$ account):**

**Bank:** HSBC

**Bank Address:** 2 The Promenade, Cheltenham, GL50 1LS

**Bank Account:** The Happy Africa Foundation

**Sort Code:** 401710

**Account Number:** 12198363

**IBAN:** GB41MIDL40171012198363

**BIC:** MIDLGB2103P

## **South Africa (ZAR Account):**

**Bank:** Standard Bank (The Standard Bank of South Africa)

**Bank Address:** 77 Main Road, Fish Hoek, 7975

**Bank Account:** The Happy Africa Foundation

**Branch Code:** 036009

**Account Number:** 072079584

**SWIFT Code:** SBZA ZA JJ

**Registration Number:** IT373/2010

[www.happyafricafoundation.org/donate](http://www.happyafricafoundation.org/donate)

UK Tax payers can tick the gift aid box and we will get an additional 25%

American donors can donate through CAF America to get tax breaks, contact us for more information.