



ANNUAL REPORT 2013

THE  AFRICA
FOUNDATION

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Special Thanks
...to Samantha Evans at DZNY Creations for the creation of this Annual Report, our charity interns Stacey Addison and RiTara Williams for their assistance in the collection and creation of content for this and other reports, as well as our partners at African Impact.



From the desk of the Executive Director...

Through our teams on the ground we continue to work across Africa to improve peoples lives. Our work is focussed in 3 areas which support and develop rural villages and township communities;

Education & Enrichment

We offer children and adults opportunities to learn and expand their horizons through education and fun experiences. Through this, we help create an improved start to education and a higher chance of adults working and providing an income for themselves and their family

Health & Nutrition

Our nutrition support helps people recover from serious illness. We also provide health education, medical facilities and help people rehabilitate and move forward with their life in a healthier, more positive way

Empowering Communities

By giving people the opportunity and skills to take charge of their own income, follow their own ideas and build confidence in themselves we help create a less dependant, more energetic and driven community and people who are positive about the future

We play a small part in helping a big, beautiful and complex continent. Meeting the people whose lives have been changed and hearing their stories is so meaningful as this is one step in the right direction in improving their community.

Thanks to our passionate team, kind donors and amazing people on the ground who help make these small victories and change happen every day.

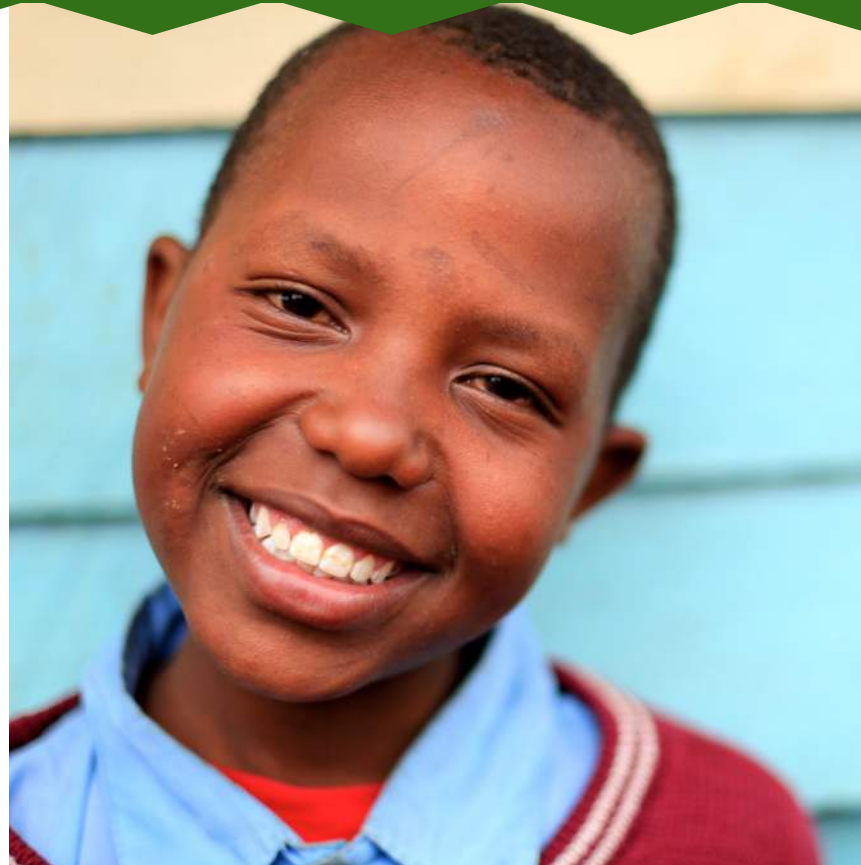
Enjoy some of our stories in the following pages and get in touch if you would like to get involved.

Michelle Procter
Executive Director

EDUCATION AND ENRICHMENT

MUKEU SCHOOL began as a day school for mentally challenged children in 1980, supported by the local church and community. In 1992, the government withdrew the only special needs teacher from the school, resulting in the school's closure. For the special needs children of the area, this was nothing short of a tragedy, as there is no other facility capable of caring for them or giving them the specialized attention they needed.

The Happy Africa Foundation started working with the school in 2009. We are currently working alongside Mukeu's teachers and administrators to help the school become government-registered, which will open and expand the opportunities available to the school and the learners who attend.



LAURA

...is 16 years old and lives with her grandmother. She is dyslexic and has problems with personal hygiene but is improving with support at Mukeu. Laura excels at cleaning, washing clothes and doing dishes! She can do simple arithmetic and English. She likes beading and would like to keep making curios!

CARL

... is an enthusiastic 13-year-old, though he has both behavioural and intellectual disorders. Carl encounters challenges with dressing and loves teasing the other children, and as a result, the Mukeu teachers are working with him to improve his social skills. He is a great story-teller and loves bread and soda! He'd like to be a driver when he is older.

ROSIE

...is 11 years old and lives with her mother and grandmother. Rosie is severely hyperactive and autistic, and likes to be alone sometimes to the point where she runs away from crowds. However, at Mukeu she spends her time on the swingset and teachers note that she is very organised. She is also very curious, especially of what's cooking in the kitchen! We imagine her as a chef one day as she loves peeling potatoes and washing dishes.



Across all projects during 2013,

3,482

learners were positively impacted by our programs.



SPONSOR-A-CHILD PROGRAM

66 LEARNERS
SPONSORED

7 NEW
SPONSORSHIPS

7 PUPILS
COMPLETED
HIGH SCHOOL

1 STUDENT
COMPLETED
VOCATION
TRAINING

2014 EDUCATION PREVIEW

- Ground breaking for the building of a classroom for Zambezi
- Sawmills in Livingstone, creating a better teaching environment for all the learners
- Jambiani Educational Community Centre ground breaking for the new facility that will offer professional development to people all over Zanzibar
- Inkanyezi Chreche will get toilets, improving the hygiene at the school and a more pleasant environment for the children
- Sponsor a child sponsorship up to 76 children who would otherwise be unable to attend school

ENGLISH CLASSES BOOST JOB PROSPECTS

JAMBIANI EDUCATIONAL COMMUNITY CENTRE

This ongoing effort to build a community centre that will provide a safe, secure learning environment for educational purposes will be a significant part of this community when it is completed. It will give a permanent home to the adult English classes and will allow future young adults in the Jambiani area to break down the barriers they often encounter when aspiring to employment in outside towns or on the Tanzanian mainland. When complete, this building will host weekly classes and short courses, a community garden and so much more.

The following is an interview with Abdul-halim Mohammed Haji, an English student who will make use of the Jambiani Educational Community Centre when it hosts classes upon it's opening. Read why he believes the centre is important for the community...

What made you want to join the English classes?

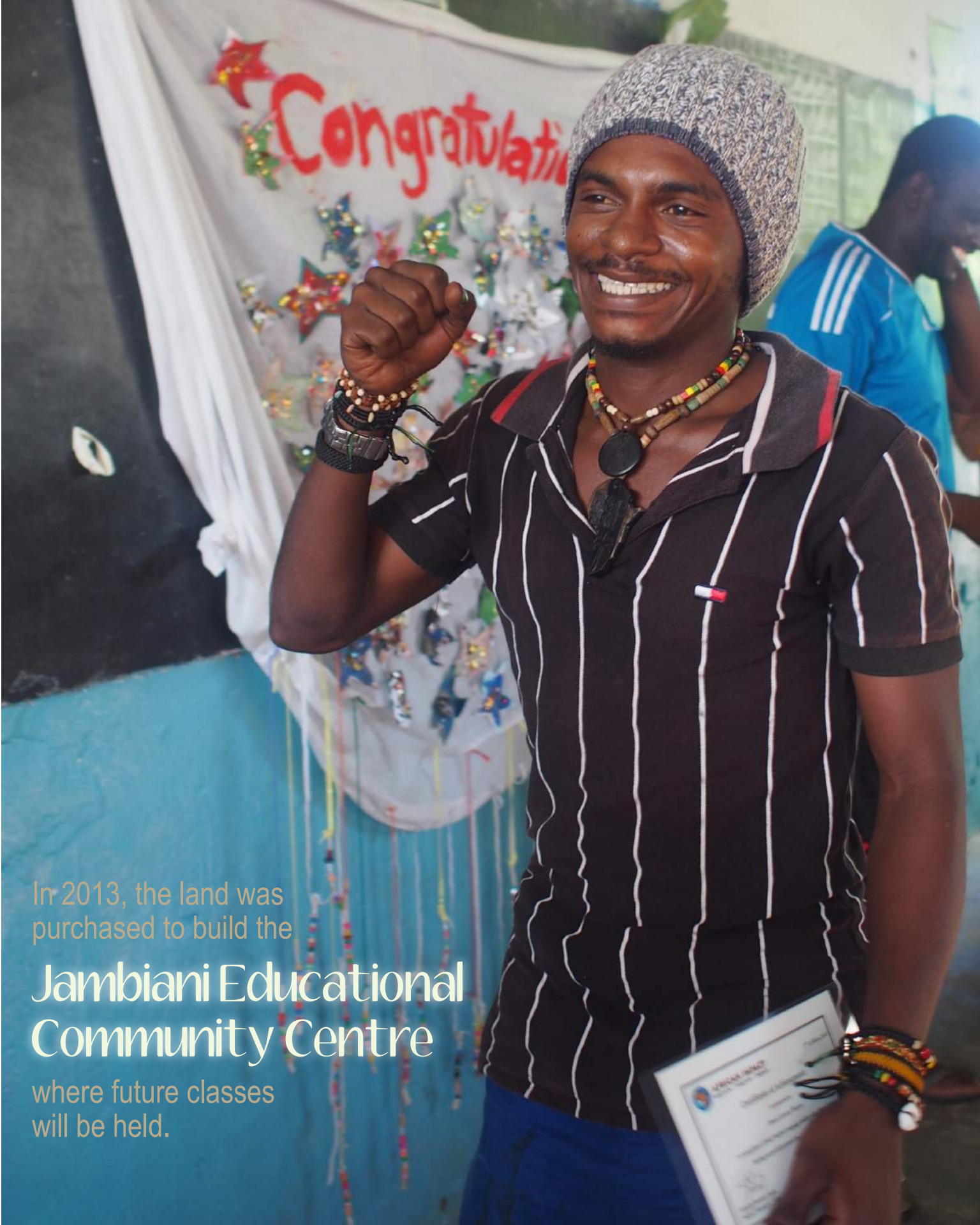
I joined the class because I wanted to improve my English skills to allow me to get my dream job which is to be either a tour guide, receptionist, or chef.

What has been a highlight of your time here with African Impact?

Meeting the [African Impact] volunteers and improving my English while also learning some French.

How will the new centre improve the community?

The new learning centre will give more young people the opportunity to improve their English and give them a chance to learn other languages such as Italian, French, German and Spanish. By improving their English and learning other languages it will allow future students to get into better jobs that could take them to either Stone Town or even to the mainland.



In 2013, the land was purchased to build the

Jambiani Educational Community Centre

where future classes will be held.

HEALTH AND NUTRITION

THE HEALTH AND NUTRITION PROGRAM IN THE RED HILL AREA OF CAPE TOWN aims to provide a dynamic approach to addressing the challenges of health and nutrition for our two partner schools.

Based in an informal settlement 30km's from Cape Town with limited access to water and electricity. This initiative supports the school's existing feeding program by supplementing the funds needed to purchase nutritious foods such as fruit, vegetables, vitamin-infused breakfast porridge and rice for the children's daily meals.

As a part of our commitment to child nutrition, meal plans are cooperatively developed alongside the teachers using guidance from the Department of Social Services to ensure that the learner's diets meet national standards for healthy

child development.

In partnership with the teachers, volunteers from our friends at African Impact assess the Body Mass Index (BMI) of each child over the age of three years every term/quarter to monitor their physical development. A report is then created so The Happy Africa Foundation can track the success and reevaluate the program if necessary.

Lesson plans and activities relating to good practice for health and nutrition are also incorporated within the annual curriculum to reinforce a healthy lifestyle through education. At school, the children learn about the importance of personal hygiene, the relationship between what we eat and health, and exercise has been infused into the daily classroom routine.

Our Cape Town nutrition initiative provided

27,300

warm & nutritious meals to disadvantaged preschool children





Teachers part of our nutrition program in preschools showed a

28%
improvement in
knowledge of
health and nutrition



The number of pre-schoolers registering unhealthy weights decreased by

35%
over the year with the introduction of our nutrition program at Red Hill Preschool in Cape Town

HELP AT HOME WITH THE 10 FAMILIES PROJECT

When we first met 'Gogo and the four children' on our 10 Families Project in rural KwaZulu-Natal, we were shocked to find that their living conditions were very basic, and that they reside in the depths of the forest in Dukuduku which makes things a lot more difficult for the whole family. The family was immediately assisted in various forms including healthcare assistance such as home based care visits and through their inclusion in our EPap Nutrition Program.

This family struggle on a daily basis and like a lot of families, it's not always physical donations that they need the most, but also a helping hand, which is where our partners at African Impact demonstrate great importance. Volunteers along with our staff and interns provided assistance throughout 2013 to this family, and many others. This help came in the form of washing clothes, washing dishes, general house work, collecting water and bathing the children. Even picking up rubbish and gardening as well as providing simple education lessons have also been given to the children as none of them attend school or pre-school.

With a little help in the home in the latter part of 2013, as well as some donations provided by our partners, this family's transformation is easy to see. We're so proud of their progress and look forward to working with them into 2014.



FINANCIAL INFORMATION

THE HAPPY AFRICA FOUNDATION LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2013

		2013			2012
	Note	Unrestricted Funds £	Restricted Funds £	Total £	Total £
INCOMING RESOURCES					
Donations		20,276	100,799	121,075	179,158
RESOURCES EXPENDED					
Direct charitable expenditure	2	-	64,982	64,982	168,211
Governance costs	3	21,917	-	21,917	19,552
TOTAL RESOURCES EXPENDED		21,917	64,982	86,899	187,763
NET MOVEMENT IN FUNDS		(1,641)	35,817	34,176	(8,605)
Fund balances brought forward at 1 January 2013		5,306	13,414	18,720	27,325
Fund balances carried forward at 31 December 2013		3,665	49,231	52,896	18,720

All transactions are derived from continuing activities.

All recognised gains and losses are included in the Statement of Financial Activities.

EMPOWERING COMMUNITIES

St. Lucia Storm Fund

November 2013 saw a violent storm rip through rural Kwa-Zulu Natal, damaging many houses in Khula Village. Working together with the Induna (village chief) and local councilor of Khula Village, African Impact and The Happy Africa Foundation worked quickly to establish what help was needed. THAF Intern Stacey organised an Emergency Quiz Night and set up a Virgin Money Giving Page to raise the vital funds that were needed for the rebuilds. With the help of these two methods of fundraising, we were able to raise over ZAR10,000, which allowed the work to be carried out without delay.

Along with the fundraising, help was also given by a local hardware store who were able to donate all of the blocks that were needed for the first rebuild and delivered everything to the site free of charge. A local builder was picked by the Induna to carry out the work and Stacey oversaw the project by visiting the site each day and keeping in contact so ensure the smooth running of the project. Zandile and her family now have a 'New' home thanks to all of the amazing donations that were given by volunteers past and present and to all of the local St Lucia residents for their support.



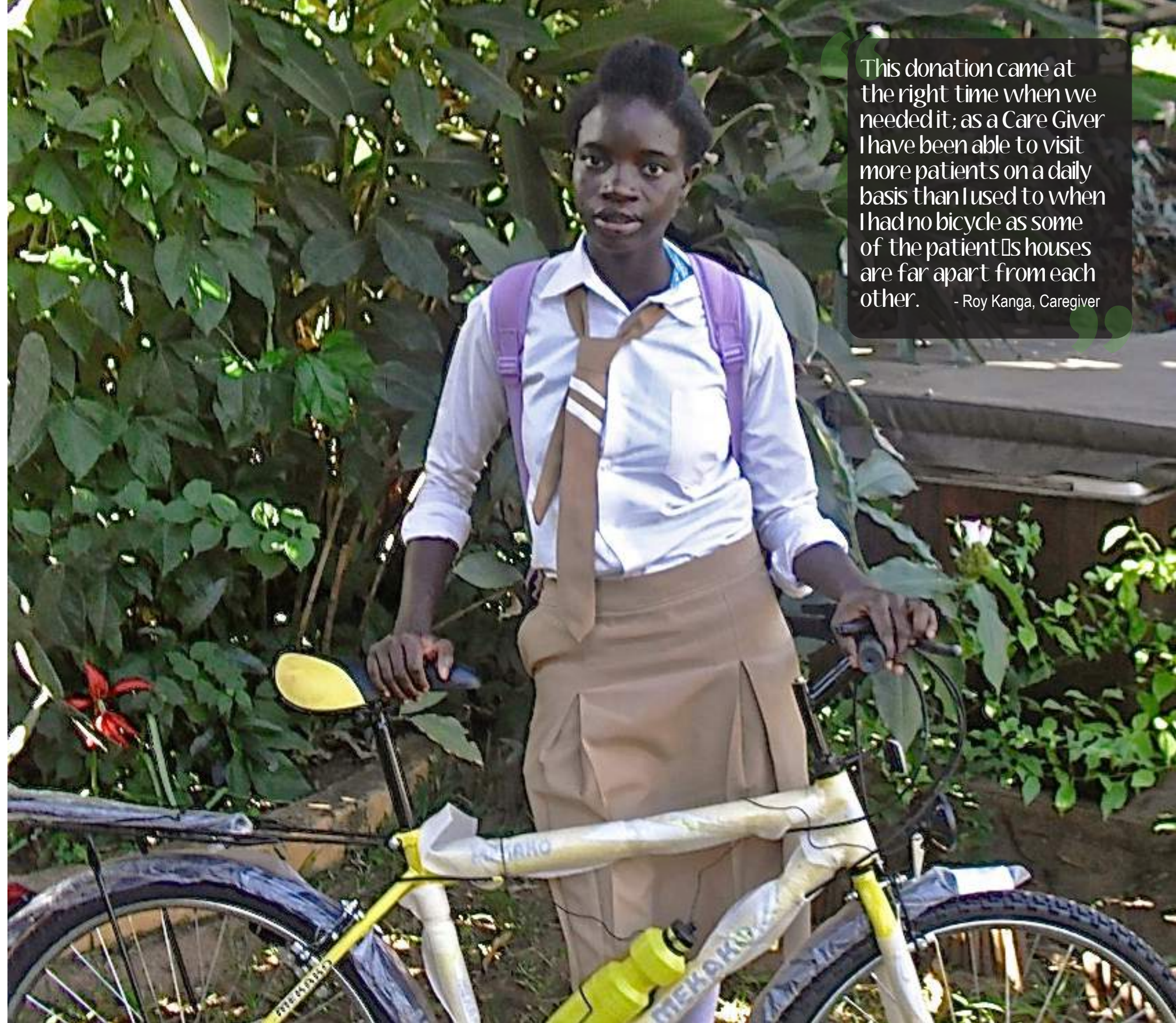
BIKES FOR AFRICA

This marked the fourth year that Linda Community, in Zambia, have been honored by the generosity of Tour d'Afrique and its participants. In previous years recipients of the bicycles have been to the Home Based carers who provide health support within the communities, along with the many school children on our sponsor a child program, who have benefited from the use of bicycles to help them cover the very long distances to and from school.

Allow me to say thank you very much on behalf of the other sponsored children and those who benefited from last year's "2012" donation of bicycles. These bikes made a very huge difference in my school life and of those of my colleagues who received or rather benefited from this; I used to cover a very long distance from Nakatindi to David Livingstone High School about a 4km walk therefore arrive at school late and tired, to some extent stay home to rest the following day. This really affected my concentration and participation in class as I will be dozing but when I received the bike all this was over and both my performance and attendance improved and also my distance or rather my journey to school was made short. This kind of donations will be able to promote school attendance and give better energy levels to children/ students during the school day. We are hoping that with this kind gesture the levels of absenteeism which in term results in poor performance will reduce to a lower percentage among us.

To the people behind this wonderful gesture please do not get tired of making our dreams come true as pupils as we are the future generation.

“I didn't have hope that my child will make it to grade ten this year, but with the bicycle that he was given at his school both his attendance and performance improved drastically; I never had hope that he will make it to grade ten thank you very much for your help. - Beneficiary's Father”



This donation came at the right time when we needed it; as a Care Giver I have been able to visit more patients on a daily basis than I used to when I had no bicycle as some of the patient's houses are far apart from each other. - Roy Kanga, Caregiver

Change starts with one person...

After months of hard work, dedication and fundraising the renovations to the Karuri Health Centre in Limuru, Kenya was officially completed on 8 October, 2013. Since then, the myriad of refurbishments that were completed this year at the centre have been well used by the thousands of mothers and babies that have passed through the Karuri Health Centre doors.

The project started in April 2013, when the centre's outdoor courtyard was given a roof to shelter the many mothers who were forced to stand, often breastfeeding, while they waited to see healthcare professionals. The healthcare staff would also struggle to give health and nutrition talks to patients on different corridors as they waited. The project was completed in phases, this one being the first of five phases that would later be completed by a local contractor and his crew.

By July, renovations began to the now enclosed courtyard, which was swiftly transformed into a waiting bay complete with new floors, benches, paint, and a baby-monitoring room for extra space for the nurses to work. Further renovations included renovating the staff's quarters and toilet, installing a television for educational videos, and adding extra lighting to the centre.



HOW TO DONATE

UK (GBP/US\$ account):

Bank: HSBC

Bank Address: 2 The Promenade, Cheltenham, GL50 1LS

Bank Account: The Happy Africa Foundation

Sort Code: 401710

Account Number: 12198363

IBAN: GB41MIDL40171012198363

BIC: MIDLGB2103P

South Africa (ZAR Account):

Bank: Standard Bank (The Standard Bank of South Africa)

Bank Address: 77 Main Road, Fish Hoek, 7975

Bank Account: The Happy Africa Foundation

Branch Code: 036009

Account Number: 072079584

SWIFT Code: SBZA ZA JJ

Registration Number: IT373/2010

www.happyafricafoundation.org/donate

UK Tax payers can tick the gift aid box and we will get an additional 25%

American donors can donate through CAF America to get tax breaks, contact us for more information.

